

Course Outline

CHC43315

Certificate IV in Mental Health



Why Health Industry Training

Health Industry Training is passionate and committed to inspiring students to achieve their career goals and aspirations. If you want to be part of an exciting, fast growing industry the health and community services sector and Health Industry Training can fulfil that goal.

The health sector is currently the largest employment and fastest growing sector in Australia. The opportunities for Australians are exciting and rewarding. To be part of this industry it is important you select the most appropriate training organisation to ensure you receive the necessary knowledge, skills and practical experience needed to secure a place.

Health Industry Training has many years' experience in the health sector. We specialise in health and community services and keep well informed of the current and future trends occurring in the health and community services sector.

Health Industry Training will help you successfully complete your qualification using an individual, supportive approach by providing you with a training plan individualised to suit your needs and lifestyle. Study your way, place and pace with the support of a personal trainer.

It is recommended that you read this course outline in conjunction with the student handbook that is available on the Health Industry Training website.

Inspiring students to achieve!



RTO National Provider # 32145

CHC43315

Certificate IV in Mental Health

Course Details

Duration	Maximum 24 months
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Delivery Method	Flexible, individual needs approach to learning, Work Placement
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Enrolment Method	Open enrolment
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Prospect Career Roles	Community rehabilitation and support worker Mental health rehabilitation support worker Community support worker Mental health support worker Mental health outreach worker
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Assessment Methods	Short answer questions Projects Case studies Workplace portfolio Research reports Work Placement Practical Logbook
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Industry trends

Working in the area of Mental Health involves providing support to people living with a mental illness. Through the community services qualifications work may focus on engaging people with mental illness in community participation, working to prevent relapses and promoting recovery through programs such as residential rehabilitation, work in clinical settings, home based outreach and centre-based programs delivered by community based non-government organisations. This work may also involve supported employment and programmed respite care.

The Certificate IV in Mental Health focuses on rehabilitation and support for people affected by mental illness and psychiatric disability, implementing community based activities focusing on mental health, mental illness and psychiatric disability, and mental health promotion work.

While the Diploma of Community Services (Mental Health) includes counselling, referral, advocacy and education/health promotion services, and requires high level specialist knowledge, skills and competencies especially in regard to laws affecting clients, the range of services available to them and health issues related to mental health.

Employment for this occupation rose very strongly in the past five years and in the long-term (ten years). Looking forward, employment for Mental Health Workers to November 2018 is expected to grow strongly.

Course Information

Delivery Method

The Certificate IV in Mental Health is delivered through a blended delivery method. You will be provided with a 'Learner Resource' and 'Assessment Booklet' for each unit of competency. Assessments are to be completed in normal word document attached to an email and sent directly to your trainer for all theoretical assessments.

It is a requirement of this qualification that you will undertake work placement. This will provide you with the necessary practical skills and workplace experience. Demonstration of performance will be provided through a practical logbook to ensure students are fully equipped to enter the workforce after the completion of the qualification.

Work Placement

Duration: Time is based on tasks required to be completed through a log book

Work placement outline

Health Industry Training recognises that an important part of undertaking a qualification in health or community services is the practical component of the course. Work placement provides students with an avenue to apply practical skills in a 'real life' environment where you are able to practice the skills and knowledge you have learnt during the course.

It is a requirement of this qualification for students to undertake work placement for the Certificate IV in Mental Health.

Health Industry Training will work with you to find a suitable organisation for your work placement. As a student it is important for you to discuss work placement opportunities with local organisations. Once you have sourced a relevant host employer, Health Industry Training will be responsible for contacting them on your behalf to discuss work placement requirements.

Insurance

Health Industry Training provides insurance to all students undertaking work placement as part of their qualification. Insurance covers Public Liability and Volunteer Workers insurance.

Pre-requirements

Depending on the organisation where you undertake placement, you may need to conduct a number of pre-placement requirements. All students will need to undertake a National Criminal Record check prior to placement. Health Industry Training can arrange the National Criminal Record check on your behalf for the cost of \$18. Alternatively you can contact your local police station.

Assessment Methods

Health Industry Training uses a range of assessment methods to ensure sufficient evidence can be gathered to demonstrate you can perform the tasks against the specified criteria. Assessment methods can include:

- Short answer questions
- Projects
- Case studies
- Scenarios
- Reports
- Workplace portfolios
- Work placement logbook
- Research reports
- Presentations

Recognition of Prior Learning

Many of our students already have a high level of skills, knowledge and expertise that can be recognised through a Recognition of Prior Learning (RPL) process.

RPL takes into account previous formal study, work and life experience and then assesses this against the elements of competency to determine if you can receive credit toward a qualification. Students seeking recognition can apply for RPL on enrolment into a qualification or throughout the duration of their study.

Credit Transfer

If you have completed a unit of competency within your intended qualification with another Registered Training Organisation (RTO) you may be able to apply for a credit transfer or exemption. A copy of the original transcript must be provided when applying for a credit transfer.



Admission Requirements

Entry Requirements

To enrol in the Certificate IV in Mental Health it is anticipated that you will have completed year 10 or equivalent.

In addition students will need to provide Health Industry Training with their Unique Student Identifier number.

IT Requirements

To complete the course you will need access to a computer and the Internet.

In addition you will need basic computer skills to conduct research on your current topics and complete your assessments. In particular, you will need skills in word processing and PowerPoint presentations.

Minimum Age Requirements

The minimum age for this course is 16 years old. If you are under 18 years of age your enrolment form must be signed by a parent or guardian.

Literacy, Language, Numeracy (LLN) Requirements

Students must have an adequate level of Language, Literacy and Numeracy skills (LLN). Entry into the course requires English proficiency to Year 10 level or equivalent. Students are able to test their LLN skills by completing an appropriate level LLN test by emailing info@healthindustrytraining.org. For additional information and support contact the Reading Writing Hotline at www.readingwritinghotline.edu.au.

Student Support

Throughout your course with Health Industry Training, you will be provided with a range of support services depending on your individual needs.

One-on-one trainer support: You will be provided with a trainer that has extensive experience and expertise in the course content and the industry sector. Our professional trainers are there to ensure you have a successful learning journey where you can contact them via phone or email.

In addition to your trainer, the administration team can provide you with support including your enrolment, changes to contact details or study plan, progress report and any issues you may encounter throughout your course.

Peer support

Health Industry Training appreciates that distance/online learning can be an isolated experience for some students. To assist with isolation all students have the option to be part of a Facebook peer support group. Peer support groups can be a positive experience where you can study with like-minded people, ask questions relating to your course and build friendships.

Financial support

The Certificate IV in Mental Health is Austudy / Abstudy approved. Please contact your local Centrelink office for eligibility requirements and application.

Queensland residents ONLY.

Higher Level Skills: Health Industry Training is proud to be a pre-qualified supplier for the Queensland Government, under the Higher Level Skills program. To be eligible for the Higher Level Skills funding, participants must not hold or be undertaking a Certificate IV or higher qualification and must be an existing worker in the Community Services Industry. Qualifications undertaken at school do not affect eligibility. The cost for students on a Centrelink concession is \$5 per unit. For non-concession students or payments made by a third party, the cost is \$55 per unit.

Australian Apprenticeship Scheme

Queensland residents ONLY - This course is available through the Australian Apprenticeship Scheme. The Australian Apprenticeships Scheme is government funded training available for school-based students, new and existing employees. The traineeship program addresses skills needs by making government funding available to Health Industry Training to deliver the training.

Other States - This course is also available to be delivered as a traineeship in other states. Training is available for new and existing employees. Please contact your preferred apprenticeship centre to arrange sign up of your Traineeship.

Fee-paying

To assist students who are not eligible for funding, Health Industry Training offers financial assistance to students by allowing students to either:

- pay the cost of the course in full and receive a 10% discount on the full cost of the course; or
- take advantage of our affordable payment plan options (weekly, fortnightly or monthly instalments) (see enrolment form for additional information)

Course Structure

The table below provides a recommendation for the order in which you should complete your units. On enrolment into the units you will be provided with learner guides, reference material and assessment booklets.

15 units are required for award of this qualification including:

- 11 core units
- 4 elective units

Order of Study

Unit Code	Unit Title	Unit type (Core/Elective)
CHCMHS002	Establish self-directed recovery relationships *	Core
CHCMHS003	Provide recovery oriented mental health services *	Core
CHCMHS004	Work collaboratively with the care network and other services *	Core
CHCMHS005	Provide services to people with co-existing mental health and alcohol and other drugs issues *	Core
CHCMHS007	Work effectively in trauma informed care *	Core
CHCMHS008	Promote and facilitate self-advocacy *	Core
CHCMHS011	Assess and promote social, emotional and physical wellbeing *	Core
CHCLEG001	Work legally and ethically *	Core
CHCDIV001	Work with diverse people	Core
CHCDIV002	Promote Aboriginal and/or Torres Strait Islander cultural safety	Core
HLTWHS001	Participate in work health and safety	Core

Four (4) elective units are to be selected. No particular order of completion is required.

ONE unit must be selected from the units below

CHCCCS003	Increase the safety of individuals at risk of suicide	Elective
CHCCCS019	Recognise and respond to crisis situations *	Elective

Remaining units can be selected from the list below

CHCADV001	Facilitate the interests and rights of clients	Elective
CHCAGE001	Facilitate the empowerment of older people *	Elective
CHCAOD001	Work in an alcohol and/or drugs context *	Elective
CHCAOD002	Work with clients who are intoxicated *	Elective
CHCAOD004	Assess needs of client with alcohol and/or other drugs issues *	Elective

CHCAOD006	Provide interventions for people with alcohol and other drugs issues *	Elective
CHCCCS007	Develop and implement service programs	Elective
CHCCCS009	Facilitate responsible behaviour	Elective
CHCCCS014	Provide brief interventions	Elective
CHCCCS017	Provide loss and grief support *	Elective
CHCCCS018	Provide suicide bereavement support *	Elective
CHCCCS020	Respond effectively to behaviours of concern	Elective
CHCCCS023	Support independence and wellbeing *	Elective
CHCCDE002	Develop and implement community programs	Elective
CHCCDE004	Implement participation and engagement strategies	Elective
CHCCDE007	Develop and provide community projects	Elective
CHCCOM002	Use communication to build relationships	Elective
CHCDIS007	Facilitate the empowerment of people with disability *	Elective
CHCDIS008	Facilitate community participation and social inclusion *	Elective
CHCMHS006	Facilitate the recovery process with the person, family carers *	Elective
CHCPRP001	Develop and maintain networks and collaborative partnerships	Elective
CHCPRP003	Reflect on and improve own professional practice	Elective
CHCPRT002	Support the right and safety of children and young people	Elective
CHCYTH011	Work effectively with young people and their families *	Elective
HLTAAP001	Recognise healthy body systems *	Elective
HLTHPS006	Assist clients with medication *	Elective

Mandatory Work Placement *

How to Enrol

Need More Information?

Health Industry Training is dedicated to ensuring all students are enrolled in the course that will achieve their career aspirations. If you need help with choosing the right course for you please contact the administration team on 1300 381 415.

Ready to Enrol?

Place an enquiry through our website:
www.healthindustrytraining.org

OR

Email info@healthindustrytraining.org and request an enrolment pack

OR

Enrol by phone. Contact one of our friendly enrolment officers on 1300 381 415